

*RACV Club*

JULY  
2024

# HIGHLIGHTS



# WINTER WARMERS

From Banyalla's new winter dishes to the open fire in the Members Lounge, group exercise and spa treatments, here are nine ways to stay warm at the Club

Keeping **members** connected  
[racv.com.au/club](http://racv.com.au/club)





# TRUFFLE SEASON

Winter dining means truffles and the Club's annual dinner gives you a chance to indulge, with multiple dishes showcasing the versatility of this fruity subterranean fungi. Learn about the secrets of truffle hunting and extraction.



## Annual Truffle Dinner

Tue 30 Jul, 6pm-10pm, Members Dining Room, City Club, \$180pp  
Book via [this link](#) or scan the QR code.







Personal trainers Mike and Nathan have plenty to smile about, with one Club member keen to share how they helped him reach his goal of walking the Kumano Kodo Trek. See page 10.

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**ROB EVERETT** RACV Club General Manager

As I write this, I am at Healesville experiencing the warmth of the Country Club, and escaping the cold outside. Now is an amazing time to get out here and take full advantage of the fireplaces, the welcoming Members Lounge, and the nightly Aperitivo Hour for in-house guests. Banyalla's menu has changed to suit the season, with a delectable Murray cod raviolo and a new twist on Executive Chef Himanshu Sharda's signature Naugaon dish among the new offerings.

Looking ahead, our calendar is brimming with exciting events. I'm looking forward to attending the Bastille Day Dinner (see page 9), while the Truffle Dinner (page 2) is a must for foodies. Those attending Gabriel Gate's dinner at Healesville on 2 August (waitlist only) will be indulging in a culinary celebration of the world's greatest athletic contest, the Olympics, in Paris.

Our private suite at the iconic MCG continues to be very well received, with upcoming games and the finals promising unforgettable experiences. Keep an eye on the What's on page online for updates. Go the Swans!

For our squash aficionados, the upcoming Squash Club Championships are open to members of all levels, a perfect opportunity to showcase skills and sportsmanship. Find out more on page 11.

There's also activity on Levels 2 and 17, with the installation of new carpets to enhance the comfort and elegance of these spaces for future conferences and events. In recent years, City Club Executive Chef Jason Camillo has played a pivotal role in many of the refurbishments and renovations around the Club, and we bid him a fond farewell as he embarks on a new chapter overseeing Goldfields Resort. A special tribute to his dedication and leadership can be found on page 8.

Lastly, a gentle reminder to all Club members: please remember to tap your membership card upon arrival and sign in your guests (especially at the Chancery Lane entrance), ensuring smooth access and adherence to club policies. As winter unfolds, I invite you to join us at the Club for warm and memorable experiences.

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IMAGE: DANIEL BULL

WORDS: DANIELLE NORTON



# DEFY IMPOSSIBLE

Record-breaking adventurer and mountaineer Daniel Bull is coming to the Club to inspire others to "climb their own mountains", whether they're professional, personal or physical

**R**ecord-breaking adventurer and mountaineer Daniel Bull knows how to thrive in extreme conditions. He's climbed Everest, ascended unclimbed peaks in isolated environments, and was the youngest person on the planet to climb the highest mountain and the highest volcano on every continent. He's also broken world records for the highest kayak and the highest altitude swim on Earth.

Now, he's a motivational speaker who inspires others to climb their own mountains, whether they're professional, personal or physical. He knows that everyone has to overcome obstacles in life, whether they're out on the ice in Antarctica or behind a desk working on a project that is important to them. He helps others achieve their dreams by pushing them to ask themselves: What's their next best move?

At the upcoming club event in August, he'll be taking audiences on an interactive, visceral journey from Australia to Everest to Antarctica and beyond, while sharing stories enhanced with some practical strategies on boosting resilience and self leadership.

"My ultimate aim is for the audience members to walk away feeling uplifted, to feel that anything is possible, with a new perspective on their own potential," he says.

Bull knows that people strive to climb mountains for many different reasons. The promise of reaching a summit represents overcoming their own perceived limitations, exceeding their own and possibly others' expectations. There's the primal call in pitting yourself against the

epic elements of the extremes of Mother Nature but people also climb mountains to escape their day-to-day lives, to explore and experience the extraordinary.

His speeches can provide participants with invaluable strategies for fostering teamwork, optimism, resilience, courageous leadership, and an unstoppable mindset in uncharted territory. Bull believes that fear of failure, embarrassment, the unknown, or even the fear of reaching their own potential, is the biggest barrier to people enjoying success.

At the event he'll be discussing the power of leaning into fear and discomfort, and the importance of stepping out of our comfort zones and acknowledging our untapped potential. He believes this is a vital first step to not being held back; to overcoming perceived limitations and conquering our own mountains.

Bull acknowledges that finding balance, in any area of life, is always a struggle. Inevitably, he too has had to make sacrifices, but has no regrets. He currently has two children under the age of two. "Every parent will know, this is one heck of an adventure," he says.

Come and be inspired by the unstoppable Daniel Bull as he shares some of his great challenges and wins.

● **Tue 20 Aug, 3.30pm-5pm, Level 17, City Club, \$40pp, \$300 for table for 8. Book via [this link](#) or the QR code.**



## DOUBLE DOWN FOR A GREAT NIGHT

Settle in for a night of comedy and magic at the Wine Bar. Our first variety show combines the best of both worlds - humour and wonder. It's a chance to relax, have fun and experience a night off from your usual routine. Try the Club's new gin in a G&T or the signature cocktail, From the Neighbour's Tree. Check out the Wine Bar menu for small bites such as the Four Pillar Gin Negroni cured salmon or try the "Mystery Box" - a perfect choice for a night of magic - or the lobster roll if you want something more substantial.

**Comedy at The Club, Wed 17 Jul, 7pm-9pm, Wine Bar, City Club, \$35pp. Ticket includes show only. Food and beverages at menu prices. Book via [this link](#).**



## THE POWER OF RESILIENCE

Our next Author Talk features three writers: Maya Lee and Rachele Unreich, who will be talking about their mothers' remarkable stories of Holocaust survival with fellow author Fiona Harris. Rachel is the author of *A Brilliant Life*, which was shortlisted for the 2024 Age Non-Fiction Book of the Year. Maya co-wrote *The Nazis Knew My Name* with her mother Magda Hellinger, and the book is testimony to the power of resilience. Fiona co-wrote Abram Goldberg's memoir, *Strength and Hope*. It will be a moving session.

**Author Talk: Two remarkable stories of Holocaust survival, Wed 7 Aug, 5.45pm-8.30pm | Club Library, City Club, \$35pp. Ticket includes drinks, canapes and book signing. Book via [this link](#).**

See all the latest Club events and activities at [racv.com.au/club-whats-on](https://racv.com.au/club-whats-on) or scan the QR code.



## WHISKY GURU FOR ONE NIGHT ONLY

The godfather of Australian whisky Bill Lark is at the City Club for one night only. This intimate event in the prestigious Wine Cellar is the perfect setting for Bill's stories and insights into some of the rare unicorn whiskies you'll get the chance to taste. Bill will be sharing his personal tasting notes on whiskies that are not available to the public and some from his personal collection. Ticket includes whisky tasting and food pairings, from the talented Club chefs.

**Whisky Dinner with Bill Lark, Wed 21 Aug, 6.30pm-10pm, Wine Cellar, City Club, \$499pp. Book via [this link](#).**



## HEALTHY TIPS FOR GROWING HERBS

Renowned garden designer Kaye Roberts-Palmer presents an inspiring talk on growing herbs for health. Learn about the rich history of culinary and healing herbs, gain expert tips on growing and caring for your herbs, and discover the best methods for harvesting, storing, and using them. Ticket includes presentation and tea/coffee.

**Tripe Growing Herbs for Health with Kaye Roberts-Palmer Sat 24 Aug, 2pm-3.30pm, Level 2, City Club, \$15pp. Book via [this link](#).**



# WINTER WARMERS

From the open fire in the Members Lounge, to new winter dishes, group exercise and spa treatments, here are nine ways to stay warm at the Club



As the temperature drops and the days grow shorter, winter beckons us to indulge in cosy comforts and delightful pastimes. From savouring hearty dishes to unwinding with a luxurious spa treatment, here are nine ways to beat the chill and stay warm at the Club.

### 1 TRY A WINTER DISH

Winter is the perfect time to explore the rich and comforting flavours of seasonal cuisine. The Bistro kitchen is putting on some family favorites to help you stay warm on Tuesday nights, while at Healesville, Banyalla's winter menu includes warming comfort foods with a dash of panache.



### 2 OPEN FIRE IN THE MEMBERS LOUNGE

Gather around a fire with family, friends or fellow members and bask in the cosy ambiance of a winter evening. There's something inherently soothing about the flickering flames and the comforting warmth of a roaring fire. Share stories, sip on tea or whisky, and revel in the simple joy of being together in the glow of the hearth.

### 3 SUNDAY ROAST

Nothing embodies the essence of winter comfort food quite like a classic Sunday roast at Bistro. Each week the chefs will choose a different offering to showcase local produce. Whether it's beef, chicken or pork, a hearty Sunday roast is a time-honored tradition that brings families and friends together. Elevate your winter weekends with this delicious culinary ritual.

### 4 WHISKY WONDERS

Embrace the spirit of winter with a whisky experience to awaken your senses and ignite your palate. It could be the Whisky Dinner with Bill Lark on 21 August at City Club or a wee dram in the Wine Bar or Banyalla. The complex flavours and aromas of different whiskies account for the deep fascination, and the evolution of Australian whisky adds another layer to the story.

### 5 GROUP FITNESS

Stay active and energised throughout the winter months by joining a group fitness class. From high-intensity interval training to yoga sessions designed to promote relaxation, there's a fitness class to suit every preference and fitness level. Exercising with others not only keeps you motivated but also fosters a sense of community and camaraderie, with both the City Club and Healesville offering personal training.



### 6 TAKE UP SQUASH

Whatever the season, you'll break out in a sweat on the squash court. This fast-paced and exhilarating sport provides a fantastic full-body workout while sharpening your agility and reflexes. Whether you're playing singles or doubles, squash helps you stay active and competitive during the colder months. The upcoming Squash Club Championships are open to members of all levels.

### 7 WATER THERAPY

Enjoy an invigorating jet shower massage teamed with a DIY aromatic scrub, conditioning hair mask and body hydrator designed for pure nourishment. The combination of warm water and hydrotherapy massage from the shower jets can induce relaxation, reduce stress levels and promote a sense of wellbeing.

### 8 STEAM ROOM

The steam room at Healesville Country Club & Resort has been refurbished with new floors, new ceiling, walls, seats and steam generator installed, and is set to reopen in July. Club members will enjoy the enhanced experience in the aquatics space. The steam room provides a variety of health benefits such as improving circulation, removing toxins and aiding in workout recovery. At a temperature of 46°C and 100% humidity, patrons are advised to limit steam room usage to 15-minute intervals. (Children 12 years and under are not permitted in this space.)



### 9 WATCH A MOVIE

Watching a movie in City Club's theatrette combines entertainment, relaxation and a sense of cosiness, making it a great activity for the colder months. The Film Group, one of the Club's member interest groups, meets on the third Friday of the month at 11am, and the Monthly Movie is on the last Sunday of the month, 4pm-6pm, and your ticket includes a welcome drink and movie snacks. On 19 July, see *Shackleton, The Greatest Story of Survival* (you'll appreciate being warm and cosy), and the mystery/comedy *Wicked Little Letters*, starring Oliva Coleman, on 28 July.

See all the latest Club events and activities at [racv.com.au/club-whats-on](https://racv.com.au/club-whats-on) or scan the QR code.



View the special accommodation packages at RACV Country Club & Resort via [this link](#) or scan the QR code.



Jason Camillo with guest chef Leslie Chan at this year's Chinese New Year Dinner.



## GOODBYE JASON

Executive Chef Jason Camillo's time at City Club has been marked by innovation and unwavering dedication. As he embarks on a new chapter, as Goldfields Resort Manager, we celebrate his achievements

Since joining City Club in 2018 as Executive Chef, Jason Camillo has seamlessly transitioned into the role of Food & Beverage Manager while continuing to wield his culinary expertise.

RACV Club General Manager Rob Everett says Jason has been a driving force in rebuilding City Club's food and beverage and conference operations through and after the pandemic.

"His proactive leadership and genuine passion for engaging with Club members have made him a highly respected leader and champion for the Club's history, traditions and values," Rob says. "Jason enjoys widespread popularity among his team members, and his department's high satisfaction scores reflect his ability to inspire and empower those around him."

Rob says Jason was instrumental in helping create and build Bourke Street Green, Sojourn and the Shared Workspace. During the pandemic, he led efforts in refurbishments, including the installation of the digital screens on Level 17, ensuring our facilities meet the evolving needs of Club members.

After the pandemic, Jason has continued to spearhead initiatives aimed at revitalising the Club's offerings. This included expansion of Le Petit Gateau café, the reopening of all restaurants and bars, an upgrade of the Billiards Room, and forthcoming refurbishment of Level 17. Recently, he showcased his culinary prowess by winning the Four Chef Showdown competition in April—an achievement that underscored his talent and dedication to his craft.

"While we are saddened to be losing Jason, we are thrilled about his new role as Goldfields Resort Manager," Rob says. "His transition within our organisation ensures that his expertise and passion remain at RACV, continuing to elevate our standards across all fronts."

Jason says reflecting on the past six years, since he first walked through the doors of the Club, fills him with immense pride.



"From the opening of Bourke Street Green to the establishment of Sojourn, the production of our very own Club Gin, and the amazing Italian dinners that led to the Four Chef Showdown competition – and not forgetting the creative chocolate showpieces from the team at Le Petit Gateau – each achievement stands as a testament to our team's hard work and dedication," he says. "There's also that 'secret door' in the Wine Bar, whispered about but never officially acknowledged."

"As I stand on the brink of new opportunities, this moment is bittersweet. I am excited for what lies ahead, yet I cannot help but feel a deep sense of loss knowing that I must say goodbye to Club members and the incredible team that I've been fortunate to work with (they are the ones who make me look good).

"Looking back, one thing shines above all else - the extraordinary camaraderie, unwavering support, and cherished friendships that have defined my experience here. However, it is not goodbye as I will be just down the road at Goldfields Resort, where I welcome you all to pop by, reminisce and enjoy another amazing experience."





Last year's Bastille Day Dinner saw members and guests joining in the can-can dancing.

The Club's annual Bastille Day Dinner brings together people who share an interest in French culture and history. It's a chance to socialise, meet new people, and enjoy the festive atmosphere typically accompanied by music, and can-can dancers. As always, there will be delicious food prepared in traditional French style, with a complimentary glass of champagne on arrival. Discussions about the French Revolution are optional.

● Sun 14 July, 6pm-10pm, Members Dining Room, City Club, \$150pp. Optional paired French wine package (\$85 per person). Book via [this link](#) or scan the QR code for the What's on page.

Book for special dining events at [racv.com.au/club-whats-on](http://racv.com.au/club-whats-on) or scan the QR code.



## WINE, FABULOUS FOOD AND FUN

An evening with fourth generation winemaker Chester Osborn is guaranteed to be fun. Known for his love of contemporary art and flamboyant attire, Chester knows a thing or two about how to make wine an elevated experience.

He is chief winemaker and viticulturist at d'Arenberg Wines in McLaren Vale - one of Australia's premier wine regions - and the brainchild behind The Cube - the imposing glass and steel structure that sits on his family's property and houses tasting rooms, bars, a restaurant and an art gallery, enticing visitors from around the world.

As well as being known for winemaking techniques and sustainable practices, d'Arenberg's colorful labels are a talking point. Come and try some extraordinary wines such as The Dead Arm Shiraz and The Laughing Magpie Shiraz-Viognier.

● d'Arenberg Wine Dinner with Chester Osborn, Wed 7 Aug, 6.30pm-10pm, Members Dining Room, City Club, \$160pp. Loud attire encouraged. Book via [this link](#) or scan the QR code for the What's on page.



Flamboyant winemaker Chester Osborn will be a special guest at an upcoming Club event.





David De Souza



Adrian, Sue, Debbie and David

# WALK OF A LIFETIME

Club Member David De Souza shares his story of how the City Club Fitness Centre played a key in role in his preparation for the arduous Kumano Kodo trail

When our friends from New Zealand, Sue and Adrian, suggested combining our annual catch-up with one of the many tough and arduous treks, I initially balked at the idea. After all, they were experienced hikers, having trekked around Europe and New Zealand and my wife Debbie had previously walked the Camino de Santiago, Camino Ignaciano in Europe and Japanese Nakasendo Way (Kiso) walk.

But with coaxing and encouragement, I elected to join them on Kumano Kodo in Japan, which gives context and meaning to what my wife had previously achieved whilst I lounged comfortably at home!

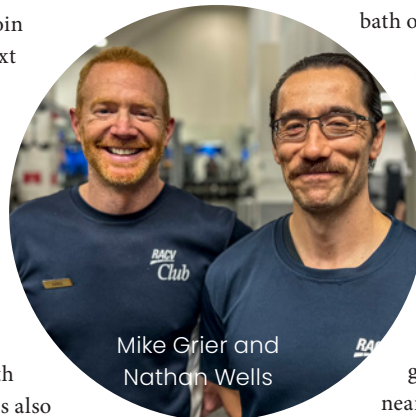
That was August 2023, and suddenly I had to find a way of increasing my physical fitness if I was to achieve my goal. For this I turned to personal trainers Mike Grier and Nathan Wells at the City Club Fitness Centre. Over a four-month period, they put me through a series of cardio, upper/lower-body strength and conditioning routines. Both were meticulous in their planning and their routines also facilitated my weight-loss goals needed for the walk.

The Kumano trail has been a pilgrimage destination since the 18th century. It traverses the Kii mountain range in the lower part of the Wakayama Peninsula. There are five routes, with the 65km “Nakahechi” trail being the most popular. Like the Camino de Santiago, it is a World Heritage listed “pilgrim” walk. Completion of both affords the walker the title of “Dual Pilgrim”.

Our group of four chose a self-guided walk over seven days, packaged by Auswalks, which included accommodation and meals and a river boat tour on our day off, plus daily baggage transfers so we only had to carry day packs. On the first day we were met by the local guide who provided a comprehensive briefing and route maps for the entire trek. The first section, from Takijiri to Chikatsuyu was a baptism by fire!

Listed as a moderate climb of 930m and descent of 770m over 15km (8 hours), the track was over tree roots, rough paved paths and past many oji shrines. At day’s end we checked-in to a family-run ryokan (a traditional inn), had our first Japanese dinner and slept on tatami mats.

The second section, from Chikatsuyu to Hongu, was 24km (10 hours), with an ascent of 1130m and descent of 980m. Tiring indeed, but we ended the day at the Yunomine Onsen where the hot springs bath offered relief from the day’s exertion.



Mike Grier and Nathan Wells

The third section, after the rest day, was the easiest at 13km (6 hours), up 670m and down 690m with an overnight stay at an old school with modest facilities. The last part of the walk was the most challenging, and many walkers chose to detour around this section. It started off with a three-hour climb over rough and slippery terrain, up 1260m and down 930m, over 15kms (9 hours). Despite the hardship, our group completed the course, finishing in Nachisan near the waterfall.

None of this would have been possible for me to achieve without the preparation and training I received from Mike and Nathan. I would like to thank them for their help in preparing me for the task, especially with the kettle-bell class.

I’d also like to thank my son Keith, an AFL Club physio, who designed a two-month walking and endurance program as preparation for Debbie and me. The program simulated the actual conditions we would encounter, so when we got there, it all seemed less of a challenge.

So, for a mere mortal that had never previously walked, this adventure enhanced my own self-belief and helped me better define and appreciate who I am. Equally, it brought me closer to my travelling companions: my wife and friends.



# SQUASH CLUB CIRCUIT VICTORY

RACV Squash President Geoff Chambers reports on recent successes

RACV emerged victorious in the Club Circuit B2 final defeating Grace Park Hawthorn, but just fell short in the D1 final losing to Mulgrave Country Club.

These are just two of nine RACV teams competing in Club Circuit, the premier squash competition in Victoria. The B2 team captained by Luke Fitzpatrick rode to victory on the back of a masterly tactical performance by Wilson Lorimer who completely outclassed his much younger opponent, the victory being ensured by superb performances from Andrew Brown and Angus Cameron.



RACV Squash goes from strength to strength as the largest of the Club's many and varied interest groups, and we are always welcoming of Club members keen to take up the sport, or past players returning (contact: [squashracv@gmail.com](mailto:squashracv@gmail.com)). The Squash Club Championships will be held in late July on the Club courts and entries are now being accepted, which then leads into the Spring Pennant season with RACV again one of the principal Clubs entered.



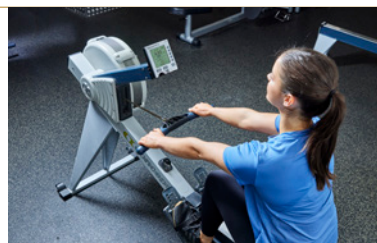
Nihal Shah, Tony Abraham, captain John Daniell, Jarrad Sims and Glenn Donnelly were D1 runners up in Club Circuit Autumn 2024.

Congratulations to Club Circuit Autumn 2024 B2 Premiers Angus Cameron, Wilson Lorimer, Kevin Lock, Andrew Brown and captain Luke Fitzpatrick.



## ACHIEVE YOUR FITNESS GOALS

Whether it's team sport, general fitness or setting your sights on a physical challenge, get the motivation and support you need at the Club. Scan the QR code, left, for the City Club Fitness Centre, and right for Healesville.





# GREAT INSIGHTS



Journalist Sue Smethurst and Rosie Batty (above) and Sue, Rosie and Northern Books' co-owner Chris Gill (below left).



Rosie Batty delivered an extremely engaging talk at the Club in May. Interviewed by journalist Sue Smethurst on stage, the family violence campaigner talked about her new book *Hope*, and shared her remarkable story of resilience and courage, along with stories of those who have inspired her and supported her.

The event was run in partnership with Northern Books, and guests were able to buy her book and get their copy signed by Rosie on the night.

● Don't miss our Author Panel: Partners in Crime, Thursday, 11, July, 5.45pm–8.30pm, City Club.

## WATERCOLOUR WORKSHOP



The Club's Craft Series goes from strength to strength, with more than a dozen artists displaying their talents at the recent watercolour workshop.



## CAR MUSEUM

Members and guests enjoyed viewing Lindsay Fox's extraordinary 50-year collection of vehicles at the Fox Classic Car Collection, Queen's Warehouse. The museum raises funds for charity.

● Coming up: Experience & Explore – The Johnston Collection.







OUT & ABOUT

Members and guests enjoyed a guided tour of Mont De Lancey, including its historic homestead, gardens, St Mary's Chapel, the blacksmiths, and an array of vintage machinery.

## BOOK AHEAD AND DON'T MISS OUT

See all the latest Club events and activities at [racv.com.au/club-whats-on](https://racv.com.au/club-whats-on) or scan the QR code.



## SHARING OF WISDOM

When Club Events Coordinator Rebecca Walsh receives the paperwork for the RACV Club Mentoring Program, she spends a week with her spreadsheets, matching people whose skills and experience are likely to have the most positive outcomes for both the mentors and the mentees.

“We are so fortunate to have such a diverse range of club members here at the club,” says Rebecca. “We have people from all different walks of life, with lots of different backgrounds.”

This is one of the keys to the success of the program. The Club has a rich membership base, so pairing mentors and mentees, based on their needs and motivations, is achievable most of the time.



IMAGE: SHANNON MORRIS  
WORDS: DANIELLE NORTON

For mentees joining the program, it helps if you have a goal and some direction about what kind of guidance you're seeking from the relationship. From lawyers and bankers, to people who have been teachers, or in the tech industry, it is the diversified life experience of the mentors, which helps guide mentees through their career decisions.

“It's not business coaching, it's mentoring,” says Rebecca. She deliberately matches trusted advisors with mentees according to their hobbies and interests, rather than their professions.

At the RACV Club, members who register to be mentors take their role and their commitment very seriously. Attending the induction meeting is a critical opportunity for mentees to meet these esteemed volunteer mentors. Rebecca also uses this event to assess whether her matchmaking has been successful and to make any necessary changes.

The club recommends that people meet up fortnightly, throughout the 14 weeks of the program. There's a guide which outlines some goals that need to be met but the program is driven by the mentees, and they are the ones expected to plan meetings.

One thing that many don't expect to get out of this program is an ongoing professional friendship. Many pairs of mentors and mentees continue to meet long after the program ends.

Feedback from Club members who have participated is overwhelmingly positive., and they appreciate that it's a value-add to their membership.

Jim Kay and Daniel Lane, who took part in the Club Mentoring Program last year, had their first meeting, in the Shared Workspace, where they had a chance to set goals for the 14-week program.

● Registrations for the next intake are open now, and close on 21 July. To apply, fill in the registration form at <https://forms.office.com/r/EMPqqN04LS>





# LOW TIDES EXHIBITION

IMAGE: BEN WEINSTEIN

RACV Art Curator Ellen Wignell offers insight into the Gallery Lounge's new exhibition *Low Tides*, which features 10 artworks and runs until 18 August

## **What is the theme that connects the works in *Low Tides*?**

*Low Tides* features works by William Breen, Andrew Browne, Euan Macleod and Sally Ross, who are all represented in the RACV Art Collection. These artists have explored differing landscapes relating to our coastline and waterways, from softly focused shadows to glimpses of blue through the trees, to meditations while crossing the beach.

## **This is a curated exhibition – what does that mean and what is the benefit for Club members?**

*Low Tides* is part of the Gallery Lounge exhibition program which has four curated exhibitions throughout the year. These exhibitions showcase the RACV Collection, as well as fresh perspectives drawing on themes from both well-known and up-and-coming Australian artists. Through our exhibitions, talks and events we offer members and visitors a premium Gallery service and access to contemporary art as they enjoy the RACV Club facilities.

## **What is the best way to view the artwork?**

Each artist has their artworks hung together so you can see the connections. Andrew's works depict river landscapes which are atmospheric and eerie, blurring the line between reality and perception. Sally has explored lakes and rivers using a much brighter colour palette. She infuses her landscapes with emotion to reflect on connections to place and memory. In contrast, William captivates with his detailed depictions of the ocean, with two differing beach scenes that invoke winter mornings; while Euan's expressive brushwork explores the intertwining of nature and the human condition.

## **Andrew Browne is our guest for the next Artist in Conversation event: can you tell us a little about him?**

Andrew is a well-known Melbourne artist, and I have followed his work keenly over the years. RACV has some significant pieces of his work in our collection, two of which are on display behind reception at RACV Goldfields Resort. He has created his own unique visual language that is realist and poetic and heavily influenced by photography. He has exhibited across Australia, including at the National Gallery of Victoria, the Art Gallery of New South Wales and the National Gallery of Australia as well as internationally. You'll have to come to the Artist in Conversation on 20 July to hear more directly from him!

## **The artworks have also inspired the cakes served in the Gallery Lounge. Do you think art influences our food and other things more than we realise?**

I love seeing the creative responses that our chefs have to the artworks, not only at the Club but at the resorts as well. It is a fantastic way to build links between their culinary skills and the work that we do. I would love to hear if the artworks have influenced Club members to find out more about our artists, or a particular issue. Art can be an entry point for conversations, a way to highlight or investigate things that are important to us.

## **What do you hope viewers gain from the exhibition?**

Interwoven through these works is a sense of the sublime, they transcend our everyday reality. I hope our Club members are whisked away to these locations, be they real or imagined.



# ATTRACTING INTEREST

Peter Cryan started investing in the share market in the 1980s and he's seen the market rise and fall in the decades since. He joined the RACV Club a year ago, wanting to meet like-minded people, to attend functions and enjoy the comradeship of a club. Now, he's offering to lead an interest group for those who want to discuss the share market.

Cryan was inspired to create the group because he follows trends in the market and sees value in talking to others and bouncing around ideas. He knows that investing in the market can be a solitary pursuit so he wants to provide members with a place to talk about their experiences.

Cryan hopes to attract both new and experienced investors to this group. Anyone wanting to get into the share market may benefit from some mentoring. Those who have been in the share market for some time can share their valuable knowledge and find others with similar insight with whom to discuss ideas.

"There are some pitfalls in the share market and history often repeats itself," says Cryan. "I've been through some pretty tough times with the GFC and Covid. Over the time, we've lost a lot of money. But then again, we've also made a lot of money."

Cryan wants to make it clear; this group is not a place to come for financial advice, no one will be encouraging people to invest in a particular business or share portfolio. Rather, it's a place to ask for the opinion of others and to share your experiences. Members will be encouraged to do their own research, and make their own financial decisions.

The format for the meetings will be flexible and Cryan is open to suggestions. Each session will include a general chat. As the group grows, the format will likely include luncheons and guest speakers.

The Share Market Interest Group is an opportunity for social conversation and connection. Cryan knows that there are a lot of people who are scared of investing because they don't know where to start. He encourages younger members to join and learn how to get a stockbroker and how to buy and sell shares.

Cryan expects that the topics discussed will cover the analysis of trends in trading, the intersection of AI and finance, cybersecurity, uranium investment and the pros and cons of ETFs (exchange traded funds).

● **Share Market Interest Group Kick Off, Fri 5 Jul, 10.30am, Gallery Lounge, City Club, free for Club Members. Book via [this link](#) or scan the QR code.**



Club Events  
Coordinator  
Robert  
Chambers and  
Club Member  
Peter Cryan.

Scan the QR  
code below  
for more  
information  
about Member  
Interest  
Groups.



## ARTIST IN CONVERSATION: ANDREW BROWNE

Sat 20 Jul, 2.30-4pm, Library, City Club, \$25 members.  
This event complements the Low Tide Exhibition in the Gallery Lounge.  
Book via [this link](#) or scan the QR code.



Bridge is a highly social game providing opportunities to make new friends and build lasting relationships. For an introduction to how bridge is played, join us for the next beginners' course at the Club.

● **Program commencing Mon 7 Oct, 1.30pm – 3.30pm, Level 2, City Club, \$200 per person.**

For inquiries  
or to book for  
the Beginners'  
Bridge Course,  
please email:  
[events@club.racv.com.au](mailto:events@club.racv.com.au)





# ICONIC CINQUE TERRE

Visit one of the most famous coastal landscapes in the world for an Italian trip that combines natural beauty and small-town charm.

**W**ith its dramatic coastline, five coastal villages and stunning views of the Ligurian Sea, Cinque Terre is a place to savour and soak up the atmosphere. While you can do a day tour or take a train or boat from one village to another, it's worth taking the time to walk along the coast, explore each village, and spend a night or two in the region. Cinque Terre - which translates to Five Lands - is a UNESCO World Heritage Site, an accolade granted for being "a cultural landscape of extraordinary value".

## WALKING AND HIKING

Pack your sturdy shoes to take in Cinque Terre's delightful hiking experiences. The most famous, the Sentiero Azzurro, the Blue Path, is a 12km coastal trail connecting the five fishing villages. While you'll put in a little effort at times across the walk, the sweeping panoramic views and opportunities to stop for gelato and café at each village make it well worth it.

Be sure to walk the scenic cliff-hugging kilometre-long Via dell'Amore (Lover's Lane) if it's open. This famous walk connects Riomaggiore to Manarola.

## BOAT TOURS AND KAYAKING

Aboard a boat tour, you're gifted with a different perspective of each village, complemented by hidden coves and the chance to snorkel the refreshing crystal-clear waters. Kayaking is a popular activity for a slow-yet-enjoyable way to soak up the atmosphere and scenery of these fascinating historic villages.

## BEACH LIFE

Naturally, you'll want to swim in the azure waters of the Ligurian Sea. For beaches, head to Monterosso's Fegina Beach and the sandy patch in front of Vernazza harbour's main square. Alternatively, Manarola's small harbour gives access to an idyllic swimming hole.

## EXCEPTIONAL WINES

The terraced vineyards of the Cinque Terre produce exceptional wines, mainly crisp, dry whites. Visit a local vineyard to learn about their wine-making process, indulge in their best tipples, and to soak in the incredible vistas of the villages and sea. For local dessert wine, order Sciacchetrà. This well-known Cinque Terre export pleases the palate with its sweet yet mildly salty flavour.

## PESTO, PASTA AND SEAFOOD

Did you know that Cinque Terre is the birthplace of pesto? The temperate climate is ideal for olive groves, vineyards, and orchards, with around 400 dotted around the region. To taste-test the best olives, sample a pesto dish. Try trofie pasta with pesto, pesto Genovese, along with the region's famed olive-oil-rich focaccia.

The region is also renowned for its delectable seafood dishes. See muscoli on the menu (mussels) in every village restaurant, served marinated in white wine or stuffed (muscoli ripieni). Monterosso has its own seafood claim to fame: salted anchovies. Served raw with a drizzle of olive oil and a squeeze of lemon is a firm favourite way to eat them.





### VERNAZZA

Vernazza has a tiny harbour, medieval tower, terraced olive groves, and some of the most attractive homes on the coast. Discover the 14th century Church of Santa Margherita d'Antiochia, with its Gothic-Ligurian architecture and impressive frescoes.

### MONTEROSSO AL MARE

The largest of the Cinque Terre villages, it's long sandy beach, clear waters, and relaxed vibes draw the crowds every summer. If you're after tranquillity and peace, climb the hill to visit the 14th century Church of San Giovanni Battista in Monterosso and nearby 13th century Santuario di Nostra Signora di Soviore.

### RIOMAGGIORE

Riomaggiore, Cinque Terre's southernmost village, has a lively atmosphere and glorious sunsets. Its attractions include the partial ruins of the 13th century Castle Riomaggiore.

### QUAINT MANAROLA

Cinque Terre's oldest town offers a more low-key experience, with narrow paths, vibrant buildings, and charming eateries.

### CORNIGLIA

Corniglia is the only Cinque Terre village without direct sea access. Perched high on a rocky promontory, it can feel more peaceful and secluded than the other four villages.



## SAVE ON YOUR NEXT EUROPEAN HOLIDAY

RACV Club Members receive extra savings with RACV Travel and Experiences' trusted travel partners. Call 1800 850 888 or book an appointment in store with one of our travel experts via [this link](#) or scan the QR code.



## RECIPROCAL CLUB

The Royal Northern and University Club in Aberdeen prides itself on its warm and convivial atmosphere. As a relatively small club, the staff take the time to get to know members and guests. In-house facilities include reading rooms and a snooker room, with a great range of wines, local beers, cigars, and whiskies on offer. The Club hosts events throughout the year, including speakers, recitals, wine tastings, and dining nights.

"We host at least one of these events every week, and reciprocal members are always welcome to take part," Club Secretary Aidan McAleese says. "I would recommend that any reciprocal member, when booking accommodation at the Club, inquires about any events we have on during their stay with a view to joining one of our 'shared tables'. This is the best way to meet our members and experience the Club's atmosphere and hospitality – as well as enjoying talks or novel catering experiences which are not found elsewhere in Aberdeen."

While the warmest months to visit Aberdeen are June to August, the Club's busiest times are February to May and September to December. Aberdeen has a superb art gallery and theatre and Old Aberdeen has some great architecture and fine old buildings.

"As a country-dweller myself, I heartily recommend leaving the city to visit the surrounding countryside of Royal Deeside, Aberdeenshire, and the Cairngorms," McAleese says. "Aberdeenshire is known colloquially as 'Castle Country' – it has the highest density of historic castles anywhere in the UK and each one has a unique and fascinating history."

● RACV Club Members need to arrange a letter of introduction prior to visiting The Royal Northern and University Club. Details at [racv.com.au/club](http://racv.com.au/club) or scan the QR code.





# WHAT'S ON JULY 2024

1

## KIDS COMEDY MAGIC SHOW

Monday 1 July, 11am-12pm, 5-13 yrs  
Tarrant Room, City Club

2

## CUE SPORTS WITH ROBBY FOLDVARI

Tuesday 2 July, 10am-12pm, 12-16 yrs  
Billiards Room, City Club

## KIDS COOKING CLASSES

Tuesday 2 July, 10am-11am, 4-6 yrs  
Level 1, City Club

3

## KIDS COOKING CLASSES

Wednesday 3 July, 10am-11.30am, 7-11 yrs  
Level 1, City Club

## CHARDONNAY MASTERCLASS WITH PATRICK SULLIVAN

Wednesday 3 July, 6.30pm-10.30pm  
Wine Bar, City Club

4

## KIDS COOKING CLASSES

Thursday 4 July, 10am-11.30am, 12+ yrs  
Level 1, City Club

## KIDS COOKING CLASSES

Thursday 4 July, 2pm-3.30pm, 7-11 yrs  
Level 1, City Club

## THURSDAY LECTURE SERIES: AMERICAN INDEPENDENCE DAY

Thursday 4 July, 11am-12pm  
Theatrette, City Club

## BECOME A MASTER WINEMAKER

Thursday 4 July, 6pm-9pm  
Wine Cellar, City Club

## SOCIAL 8-BALL NIGHT

Thursday 4 July, 6pm-9pm  
Billiards Room, City Club

5

## FAMILY MOVIE - NIGHT AT THE MUSEUM

Friday 5 July, 1.30pm-3.30pm  
Theatrette, City Club

8

## TIE DYE WORKSHOP

Monday 8 July, 11am-12pm, 5+ yrs  
Tarrant Room, City Club

9

## EXPERIENCE & EXPLORE:

Tuesday 9 July, 10am-11.30am  
Justin Art House Museum, 3 Lumley Ct, Prahran

## STEEPED IN CONVERSATION

Tuesday 9 July, 10am-11am  
Gallery Lounge, City Club

## HARRY POTTER SCIENCE WORKSHOP

Tuesday 9 July, 11am-12pm, 5-13 yrs  
Tarrant Room, City Club

10

## JAZZ AT THE BAR - MARGIE LOU DYER

Wednesday 10 July, 6pm-8pm  
Wine Bar, City Club

11

## SCAVENGER HUNT

Wednesday 10 July, 10am-11.30am  
Reception, Healesville Country Club & Resort

## KIDS GOLF

Thursday 11 July, 11am-12pm, 6-10 yrs  
12.30pm-1.30pm, 11+ yrs  
Pro Shop, Healesville Country Club & Resort

## KENNETH PARK DOUBLE LECTURE

Thursday 11 July, 11am-1pm  
Level 2, City Club

## AUTHOR PANEL: PARTNERS IN CRIME

Thursday 11 July, 5.45pm-8.30pm  
Club Library, City Club

## REPTILE ENCOUNTERS

Friday 12 July, 11am-1pm  
Barak Room, Healesville Country Club & Resort

## BASTILLE DAY DINNER

Sunday 14 July, 6pm-10pm  
Members Dining Room, City Club

## COMEDY AT THE CLUB

Wednesday 17 July, 7pm-9pm  
Wine Bar, City Club

## FILM GROUP: SHACKLETON, THE GREATEST STORY OF SURVIVAL

Friday 19 July, 11am-12.30pm  
Theatrette, City Club

## KENNETH PARK WALKING TOUR

Saturday 20 July, 10am-12pm  
Meeting point: North Melbourne Town Hall Entrance

## ARTIST IN CONVERSATION: ANDREW BROWNE

Saturday 20 July, 2.30pm-4pm  
Library, City Club

## KENNETH PARK WALKING TOUR

Wednesday 24 July, 10am-12pm  
Meeting point: North Melbourne Town Hall Entrance

## 2024 ROTARY ENVIRONMENT & SUSTAINABILITY LUNCH

Wednesday 24 July, 12.30pm-2.00pm  
Level 17, City Club

## EXPERIENCE & EXPLORE:

Thursday 25 July, 10am-12pm  
The Johnson Collection, meet at Pullman on The Park, 192 Wellington Parade, East Melbourne

## MONTHLY MOVIE: WICKED LITTLE LETTERS

Sunday 28 July, 4pm-6pm  
Theatrette, City Club

## ANNUAL TRUFFLE DINNER

Tuesday 30 July, 6pm-10pm  
Members Dining Room, City Club

12

14

17

19

20

24

25

28

30



# MEMBER INTEREST GROUPS



**HEALESVILLE BOOK GROUP** Tuesday, 2 July  
10.30am-noon Library, Country Club

**SUPERVISED BRIDGE** Mondays,  
9.45am-1pm: 1, 8, 15, 22, 29 July  
Clubroom, City Club

**TRAVEL GROUP** Tuesday, 2 July  
10.30am-12.30pm Level 2, City Club

**DUPLICATE BRIDGE** Wednesdays, 9.45am-1pm  
3, 10, 17, 24, 31 July Clubroom, City Club

**BEGINNER + COACHING BRIDGE** Wednesdays,  
1.30pm-3pm 3, 10, 17, 24, 31 July Clubroom,  
City Club

**EVENING MAHJONG** Wednesday, 3 July  
7pm-9pm Clubroom, City Club

**SOCIAL SQUASH GROUP** Thursdays, 6pm  
start: 4, 11, 18, 25 July Squash courts, City Club

**SOLO & MIND GAMES GROUP** Thursdays,  
9am-12.30pm: 4, 11, 18, 25 July Clubroom,  
City Club



**HEALESVILLE CHESS GROUP** Monday, 8 July,  
10.30am-noon, Banyalla Lounge, Healesville  
Country Club & Resort

**BOOK GROUP 2** Saturday, 13 July, 11.15am start  
Clubroom, City Club

**BOOK GROUP 4** Wednesday, 17 July  
7.15pm start Library, City Club

**FILM GROUP** Friday, 19 July  
11am-1pm Theatrette, City Club

Scan the QR code below for more information about Member Interest Groups.



## CHALLENGE YOURSELF

Do you watch the Tour de France and those pro cyclists battling steep hills and long distances and marvel at their accomplishments? Why not put yourself in the saddle? Fitness Centre's Tour de Rev is back for another stationary journey through the French Alps. The experienced instructors will push you to your limits and there is sparkling wine, pastries and sandwiches for those who finish the race.

● **Tour de Rev, Sat 20 Jul, 9am-midday, Fitness Centre, City Club, Free for Fitness Centre Members, \$26pp for guests. Book by calling 9944 8860 or visiting the Fitness Centre Reception team.**



Scan the QR code, left, for the latest events and activities at the Club or visit [racv.com.au/club-whats-on](http://racv.com.au/club-whats-on)



Scan the QR code, left, for facility opening hours and to book your next Club experience, or visit [racv.com.au/clubbookings](http://racv.com.au/clubbookings).



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